

5 Tips for CLOTH Diapering on a BUDGET

Looking for inexpensive reusable cloth diapers?

The Real Diaper Association helps families find and use simple, reusable cloth diapers. Here are some recommendations for cloth diapering on a budget without buying from co-ops.¹

- **START SMALL.** Starting with items around the house or even a single prefold, you can save money each week to **build your cloth diaper stash over time.** <http://tiny.cc/RDABuildStash>
- **UPCYCLE.** Do you want to get started using cloth diapers but can't dig up the funds to buy them? No worries! Use what you already have! **Up-cycling items you own into cloth diapers** is THE most economical way to diaper a child. <http://tiny.cc/RDAClothDiaperFromHome>



"Remember, the only requirement for a cloth diaper is an absorbent layer, covered with a water resistant layer! It really is THAT simple." – Janice R., Ventura, CA

- **BUY USED.** Buying cloth diapers in the secondary market has many advantages. Not only can you save quite a bit of money but you are also helping the environment by recycling. Includes tips on what to watch out for and how to prepare your diapers before using them. <http://tiny.cc/RDABuyUsed>
- **CHECK Diaper Banks.** While families stand to save money using cloth diapers, the initial investment can be an obstacle. **Cloth diaper banks provide cloth diapers to families in need.** <http://tiny.cc/RDADiaperBanks>
- **WASH SIMPLE.** Hand washing cloth diapers is easy especially when using simple diapers like flats and prefolds. It takes about 5 minutes to wash just a few diapers at a time. <http://tiny.cc/RDAHAndWashing>

¹ For more information on cloth diaper co-ops: <http://realdiaperassociation.org/cloth-diaper-co-ops>